

108 Utica Road Clinton, NY 13323

Return service requested.

I/We do not wish to receive further fundraising communications from Your Neighbors.

# Who is My Neighbor??

While many of Your Neighbors, Inc. clients have a need for our meal program, still others require assistance with running errands, companionship and transportation. One such person is our friend, Marie who came into the program about five years ago when her Visiting Nurse suggested that she call Your Neighbors. Marie was a widow who had to give up driving. Although she has two sons, one lives quite a distance away and her second son, who had been helping her in many ways, became disabled himself and was no longer able to drive.

Marie is an example of one of many lifelong residents who have worked and raised their family here. She has contributed to the well-being of our community in many ways and now finds herself in need of some assistance. Your Neighbors volunteers help Marie with transportation to doctor's appointments, the occasional errand and with grocery shopping as she still enjoys making her favorite dishes at home. In Marie's words, Your Neighbors volunteers are "her angels".

To our neighbors like Marie, independence is everything. Having the opportunity to live in your own home, prepare your own meals, putter in your garden and continue to live life on your own is a priceless gift. Should you have the time to help someone like Marie maintain their independence, Cindy would like to hear from you at 235.7149.

# Your Neighbors News

our Neighbors, Inc. LO8 Utica Rd Clinton, NY 13323 315.235.7149

### SPECIAL POINTS **OF INTEREST:**

### 2015 BOARD OF DIRECTORS

President Randy Wilson

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Program Coordinator Cindy Shepherd

YNI is an affiliate of Lutheran Home of CNY

Dear Friends and Neighbors,

Our Third Annual Grandparents/Grandfriends Celebration will be held on Sunday, September 13 at Noon in Hart's Hill Inn. At this event, we acknowledge our volunteers and clients with a brunch, a nice variety of entertainment and a raffle of a number of unique baskets donated by volunteers and local organizations. The object of this event is to both raise awareness of Your Neighbors Inc. and to raise funds to help support our transportation and meal services. Invite a friend or a family member (grandparents and grandchildren) and have them enjoy some family-friendly entertainment and learn more about the positive impact that Your Neighbors involvement has on our volunteers and our clients. To place your reservation, please e-mail Sheri Molonare, sheri.molanare@yahoo.com or call 315.725.6896.

It has been a hot and dry Summer and we are looking forward to the cooler weather and vibrant colors of Autumn. We are also looking for nominations for the Your Neighbors Board of Directors. Should you wish to consider serving on our volunteer Board, please don't hesitate to call me at 737.8303 or contact me via e-mail at, wilsons1975@verizon.net If you are a person who is willing to lend your leadership skills and contribute new ideas working with a small group of dedicated volunteer Board members, please contact me. You won't regret serving.

Very Best Regards, Randy Wilson President, YNI Board of Directors





A Neighbor's Independence is in Our Hands!!

## **President's Message**

Randy Wilson





Please remember that our volunteer drivers don't go out in inclement weather and when the schools are closed. In that instance, it is best to reschedule your appointments.

Your Neighbors is community volunteers dedicated to serving the ail, elderly and those wit mited independence in the greater Utica area.

Our volunteers offer: Welcome companionship medical & personal transportation, friendly home-cooked meals and so much more.

YNI is a non-profit 501(c)(3) our contributions are very much appreciated and tax deductible.

> Please call us at 315.235.7149 to learn more about our services

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### Program Coordinator's Message Cindy Shepherd

Your Neighbors, Inc. which began as a vision and a dream some thirty years ago, continues to meet the needs of the frail, elderly and those persons with disabilities. In the six months that I have worked as the Program Coordinator for Your Neighbors, I have seen a tremendous increase in the number of clients being served. Clients are being referred from area hospitals, rehabilitation units, Visiting Nurse Association and Office for Aging. As documented in the Your Neighbors Emergency Food and Shelter grant, 3,519 meals were delivered from April 1, 2014 to March 31, 2015 compared to 1,126 meals delivered from April 9, 2013 through March 28, 2014.

I find it amazing that all the meals that are prepared and delivered and all of the transportation requests that are met and completed are done by volunteers. I have the highest praise for our current core of volunteers. They go above and beyond what is expected to meet the needs of those we serve and we are deeply appreciative. As the need in the community continues to increase, so does the need to recruit additional volunteers.

Your Neighbors, Inc. is in search of individuals who may have as little as two hours a month to help deliver meals or to transport someone to a doctor's appointment. Not only will you be helping someone in the community, you will meet some wonderful and amazing people.



# **A Special Thanks to our Contributors**

### Donor Helen Esty Marie Testa

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In Memory of... Marge Perkins Josephine S. Arcuri Marge Perkins Michael Olenik Carl Castilla Deborah Dilworth Betty Yule

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Your Neighbors, Inc. serves the homebound, frail, elderly persons with limited independence by providing transportation, nutritious meals, companionship and more. Volunteers are an essential part of Your Neighbors; without their help, the organization would not exist. For example, in 2014, 3630 meals were prepared and delivered to individuals who were unable to do so on their own. In addition, 558 medical transportation requests were completed. All of this assistance was accomplished by our dedicated volunteers who give generously of their time and efforts to help those in need.

We are currently seeking volunteers to help us fulfill our mission and provide our services. If you are interested in being part of the volunteer force behind Your Neighbors, Inc. and would like more information, please contact Cindy Shepherd at 315.235.7149.

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A full-time program cannot operate successfully without support year-round. This list of contributors shows how dedicated friends make it possible.

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	Janina Skora	
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# A Call for Volunteers